NOVEMBER 2026 ACTIVITIES

Alpena Senior Citizens Center • 501 River Street • 989-356-3585

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1	2 Exercise 10:00 – 11:00 a.m.	3 Staying Connected 1:00 – 2:00 p.m.	4 Exercise 10:00 – 11:00 am **BINGO: 12:45 p.m.**	5 Zoom Book Club 11:00 a.m. – 12:00 p.m. You Are Not Alone 4:00 – 5:00 p.m.	6 Exercise 10:00 – 11:00 a.m. Diabetes Support Group 1:00 p.m.	7
8	9 Exercise 10:00 – 11:00 a.m.	10 Shopping Trip Blood Pressure Clinic 11:00 a.m.– Noon Staying Connected 1:00 – 2:00 p.m.	11 Exercise 10:00 – 11:00 am Spark a Connection Memory Café 1:00 p.m. **Cardiovascular Presentation** **2:30 – 3:20**	12 Zoom Book Club 11:00 a.m. – 12:00 p.m.	13 Exercise 10:00 – 11:00 a.m.	14
15	16 Exercise 10:00 – 11:00 a.m.	17 Staying Connected 1:00 – 2:00 p.m.	18 Exercise 10:00 – 11:00 am **BINGO: 12:45 p.m.**	19 Zoom Book Club 11:00 am – 12:00 pm You Are Not Alone 4:00 – 5:00 p.m.	**Holiday Meal** 20 **Turkey** **Mashed Potatoes/Gravy** **Dressing** **Corn** **Roll**	21
22	23 Exercise 10:00 – 11:00 a.m.	24 Staying Connected 1:00 – 2:00 p.m.	25 Exercise 10:00 – 11:00 a.m. SPECAL® Golden Rule 1 2:00 – 4:00 p.m.	**CLOSED** 26 	**CLOSED** 27	28
29	30 Exercise 10:00 – 11:00 a.m.					

REPEATING DAILY EVENTS:
MONDAY: Exercise 10:00 am, Euchre 12:30 pm
TUESDAY: Quilting 10:00 am - Spitzer 12:30 pm
WEDNESDAY: Exercise 10:00 am, Bingo 12:45 pm
THURSDAY: Pinochle/Bridge 12:30 pm
FRIDAY: Exercise 10:00 am Pinochle 12:30 pm - Maj Jong 12:00 pm

BINGO
First & Third Wednesday of the Month