OCTOBER 2026 MENU

Alpena Senior Citizens Center • 501 River Street • 989-356-3585

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				1 Chicken Pot Pie Fruit	2 Scrambled Eggs Sausage French Toast Juice	3
4	5 Spaghetti w/Meat Sauce Vegetable Fruit	6 Sweet & Sour Chicken Rice Vegetable Fruit	7 Salsa Chicken Mexican Rice Black Bean & Corn Relish Mexican Toppings Fruit	8 Beef Pot Roast Potato Vegetable Fruit	9 Beef Chili Corn Bread Vegetable Fruit.	10
11	12 Grilled Chicken Patty Bun Vegetable Fruit	13 BBQ Chicken Pizza Vegetable Fruit	14 Chicken Broccoli Casserole Vegetable Fruit	15 Beef Goulash Vegetable Fruit	16 Chicken Noodle Soup Salad Fruit	17
18	19 Beef Stir Fry Rice Vegetable Fruit	20 Pork Roast Mashed Potatoes, Gravy Vegetable Fruit	21 Beef Taco Salad Tortilla Chips Mexican Toppings Fruit	22 Baked Chicken Stuffing Vegetable Fruit	23 Beef Stew Dinner Roll Fruit	24 **Jewelry Sale** 10:00 a.m. – 2:00 p.m.
25	26 Turkey Chef Salad Dinner Roll Fruit	27 Tuna Casserole Vegetable Fruit	28 Chicken Soft Tacos Mexican Rice & Beans Fruit	29 Meatballs Potato Vegetable Fruit	30 Hamburger Fries Burger Toppings Fruit	31

Noon Meal: 11:30 am - 12:30 pm
Hot Meal for those **age 60 & Over:** Suggested Donation of $4.50
Hot Meal for those **under age 60** - Cost is $8.00
Federal and state grants cover only a portion of the meals we provide.
Donations are important to the Alpena Senior Citizens Center.

MONTHLY BIRTHDAY CELEBRATION
THIRD WEDNESDAY OF THE MONTH
SPONSORED BY ALPENA AGENCY