OCTOBER 2026 ACTIVITIES

Alpena Senior Citizens Center • 501 River Street • 989-356-3585

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				1 Zoom Book Club 11:00 a.m. – 12:00 p.m. You Are Not Alone 4:00 – 5:00 p.m.	2 Exercise 10:00 – 11:00 a.m. Diabetes Support Group 1:00 p.m.	3
4	5 Exercise 10:00 – 11:00 a.m.	6 Staying Connected 1:00 – 2:00 p.m.	7 Exercise 10:00 – 11:00 am **BINGO: 12:45 p.m.**	8 Zoom Book Club 11:00 a.m. – 12:00 p.m.	9 Exercise 10:00 – 11:00 a.m.	10
11	12 Exercise 10:00 – 11:00 a.m.	13 Shopping Trip Blood Pressure Clinic 11:00 a.m.– Noon Staying Connected 1:00 – 2:00 p.m.	14 Exercise 10:00 – 11:00 am Spark a Connection Memory Café 1:00 p.m. VA Presentation 2:30 – 3:20	15 Zoom Book Club 11:00 am – 12:00 pm You Are Not Alone 4:00 – 5:00 p.m.	16 Exercise 10:00 – 11:00 a.m.	17
18	19 Exercise 10:00 – 11:00 a.m.	20 Staying Connected 1:00 – 2:00 p.m.	21 Exercise 10:00 – 11:00 a.m. **BINGO: 12:45 p.m.**	22 Zoom Book Club 11:00 am – 12:00 p.m.	23 Exercise 10:00 – 11:00 am	24 **Jewelry Sale** 10:00 a.m. – 2:00 p.m.
25	26 Exercise 10:00 – 11:00 a.m.	27 Staying Connected 1:00 – 2:00 p.m.	28 Exercise 10:00 – 11:00 a.m. SPECAL® 2:00 – 4:00 p.m.	29 Zoom Book Club 11:00 am – 12:00 p.m.	30 Exercise 10:00 – 11:00 am	31

REPEATING DAILY EVENTS:
MONDAY: Exercise 10:00 am, Euchre 12:30 pm
TUESDAY: Quilting 10:00 am - Spitzer 12:30 pm
WEDNESDAY: Exercise 10:00 am, Bingo 12:45 pm
THURSDAY: Pinochle/Bridge 12:30 pm
FRIDAY: Exercise 10:00 am Pinochle 12:30 pm - Maj Jong 12:00 pm

BINGO
First & Third Wednesday of the Month