


JULY 2023 ACTIVITIES

Alpena Senior Citizens Center • 501 River Street • 989-356-3585

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
						1
2	3 Exercise 10:00 – 11:00 am	4 CLOSED 	5 Exercise 10:00 – 11:00 am BINGO: 12:45 pm	6 Zoom Book Club 11:30 am – 12:30 pm Zoom Meditation 2:00 pm	7 Exercise 10:00 – 11:00 am	8
9	10 Exercise 10:00 – 11:00 am	11	12 Exercise 10:00 – 11:00 am	13 Zoom Book Club 11:30 am – 12:30 pm Zoom Meditation 2:00 pm	14 Exercise 10:00 – 11:00 am	15
16	17 Exercise 10:00 – 11:00 am	18	19 Exercise 10:00 – 11:00 am BINGO: 12:45 pm	20 Zoom Book Club 11:30 am – 12:30 pm Zoom Meditation 2:00 pm	21 Exercise 10:00 – 11:00 am	22
23	24 Exercise 10:00 – 11:00 am	25	26 Exercise 10:00 – 11:00 am	27 Zoom Book Club 11:30 am – 12:30 pm Zoom Meditation 2:00 pm	28 Exercise 10:00 – 11:00 am	29
30	31 Exercise 10:00 – 11:00 am					

REPEATING DAILY EVENTS:

MONDAY: Exercise 10:00 am, Euchre 12:30 pm

TUESDAY: Quilting 10:00 am - Spitzer 12:30 pm

WEDNESDAY: Exercise 10:00 am, Bingo 12:45 pm

THURSDAY: Pinochle/Bridge 12:30 pm

FRIDAY: Exercise 10:00 am Pinochle 12:30 pm - Maj Jong 12:00 pm

BINGO

First & Third Wednesday of the Month