

# JANUARY 2023 ACTIVITIES Alpena Senior Citizens Center • 501 River Street • 989-356-3585

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1 	CLOSED 2	3	4 Exercise 10:00 – 11:00 am <b>BINGO: 12:45 pm</b>	5 Zoom Book Club 11:30 am – 12:30 pm Zoom Meditation 2:00 pm	6 Exercise 10:00 – 11:00 am	7
8	9 Exercise 10:00 – 11:00 am	10	11 Exercise 10:00 – 11:00 am	12 Zoom Book Club 11:30 am – 12:30 pm Zoom Meditation 2:00 pm	13 Exercise 10:00 – 11:00 am	14
15	16 Exercise 10:00 – 11:00 am	17	18 Exercise 10:00 – 11:00 am <b>BINGO: 12:45 pm</b>	19 Zoom Book Club 11:30 am – 12:30 pm Zoom Meditation 2:00 pm	20 Exercise 10:00 – 11:00 am	21
22	23 Exercise 10:00 – 11:00 am	24	25 Exercise 10:00 – 11:00 am	26 Zoom Book Club 11:30 am – 12:30 pm Zoom Meditation 2:00 pm	27 Exercise 10:00 – 11:00 am	28
29	30 Exercise 10:00 – 11:00 am	31				

## REPEATING DAILY EVENTS:

**MONDAY:** Exercise 10:00 am, Euchre 12:30 pm

**TUESDAY:** Enhance Fitness 9:00 am, Quilting 10:00 am - Spitzer 12:30 pm

**WEDNESDAY:** Exercise 10:00 am, Bingo 12:45 pm

**THURSDAY:** Enhance Fitness 9:00 am, Pinochle/Bridge 12:30 pm

**FRIDAY:** Enhance Fitness 9:00 am, Exercise 10:00 am Pinochle 12:30 pm - Maj Jong 12:00 pm

**BINGO**  
First & Third Wednesday  
of the Month