

# MAY 2022 ACTIVITIES

Alpena Senior Citizens Center • 501 River Street • 989-356-3585

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1	2 Exercise 10:00 – 11:00 am	3 Enhance Fitness 9:00 – 10:00 am	4 Exercise 10:00 – 11:00 am <b>BINGO: 12:45 pm</b>	5 Enhance Fitness 9:00 – 10:00 am Zoom Book Club 11:30 am – 12:30 pm Zoom Meditation 2:00 pm	6 Enhance Fitness 9:00 – 10:00 am Exercise 10:00 – 11:00 am	7
8	9 Exercise 10:00 – 11:00 am	10 Enhance Fitness 9:00 – 10:00 am	11 Exercise 10:00 – 11:00 am	12 Enhance Fitness 9:00 – 10:00 am Zoom Book Club 11:30 am – 12:30 pm Zoom Meditation 2:00 pm	13 Enhance Fitness 9:00 – 10:00 am Exercise 10:00 – 11:00 am	14
15	16 Exercise 10:00 – 11:00 am	17 Enhance Fitness 9:00 – 10:00 am	18 Exercise 10:00 – 11:00 am <b>BINGO: 12:45 pm</b>	19 Enhance Fitness 9:00 – 10:00 am Zoom Book Club 11:30 am – 12:30 pm Zoom Meditation 2:00 pm	20 Enhance Fitness 9:00 – 10:00 am Exercise 10:00 – 11:00 am	21
22	23 Exercise 10:00 – 11:00 am	24 Enhance Fitness 9:00 – 10:00 am	25 Exercise 10:00 – 11:00 am	26 Enhance Fitness 9:00 – 10:00 am Zoom Book Club 11:30 am – 12:30 pm Zoom Meditation 2:00 pm	27 Enhance Fitness 9:00 – 10:00 am Exercise 10:00 – 11:00 am	28
29	30 <b>CLOSED</b> 	31 Enhance Fitness 9:00 – 10:00 am				

## REPEATING DAILY EVENTS:

**MONDAY:** Exercise 10:00 am, Euchre 12:30 pm

**TUESDAY:** Enhance Fitness 9:00 am, Quilting 10:00 am - Spitzer 12:30 pm

**WEDNESDAY:** Exercise 10:00 am, Bingo 12:45 pm

**THURSDAY:** Enhance Fitness 9:00 am, Pinochle/Bridge 12:30 pm

**FRIDAY:** Enhance Fitness 9:00 am, Exercise 10:00 am Pinochle 12:30 pm - Maj Jong 12:00 pm

**BINGO**  
First & Third Wednesday  
of the Month