

JANUARY 2022 MENU

Alpena Senior Citizens Center • 501 River Street • 989-356-3585

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
						 1
2 The Menu is subject to change.	3 Country Fried Steak Mashed Potatoes Vegetable Fruit	4 Cheese Stuffed Noodles Vegetable Fruit	5 Sweet & Sour Meatballs Rice Vegetable Fruit	6 Chicken Broccoli Casserole Vegetable Fruit	7 Fish Sandwich Potato Rounds Vegetable Fruit	8
9 Cabbage Rolls Mashed Potatoes Vegetable Fruit	10 Tuna Noodle Casserole Vegetable Fruit	11 Smothered Pork Red Skin Potatoes Vegetable Fruit	12 Taco Salad Bowl Fresh Toppings Refried Beans Fruit	13 Chicken a 'la King Biscuits Vegetable Fruit	14	15
16 Sweet & Sour Chicken Rice Vegetable Fruit	17 Roast Beef Mashed Potatoes Vegetable Fruit	18 Fish Tacos Coleslaw Rice Fruit	19 Egg Salad Sandwich Cream of Broccoli Soup Vegetable Fruit	20 Pork Adobo Rice Vegetable Fruit	21	22
23 Breaded Pork Mashed Potatoes Vegetable Fruit	24 Pepperoni Pizza Vegetable Fruit	25 Swiss Steak Rice Pilaf Vegetable Fruit	26 Oven Fried Chicken Baked Potato Chips Fruit	27 Coney Dogs Baked Beans Chips Fruit	28	29
30 Ham Potato Broccoli Fruit	31					

Noon Meal: 11:30 am - 12:30 pm

Hot Meal for those **age 60 & Over**: Suggested Donation of \$3.50

Hot Meal for those **under age 60** - Cost is \$7.00

Federal and state grants cover only a portion of the meals we provide.

Donations are important to the Alpena Senior Citizens Center.



**MONTHLY BIRTHDAY CELEBRATION
THIRD WEDNESDAY OF THE MONTH
SPONSORED BY ALPENA AGENCY**