

NOVEMBER 2021 MENU

Alpena Senior Citizens Center • 501 River Street • 989-356-3585

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<div style="border: 1px solid black; padding: 5px; width: fit-content;"> The Menu is subject to change. </div>	1 Cabbage Rolls Mashed Potatoes Corn Tropical Fruit	2 Pork Adobo Rice Carrots Fresh Fruit	3 Roast Beef Mashed Potatoes Broccoli Oranges	4 Oven Fried Chicken Rice Pilaf Green Beans Fruit Cup	5 Breakfast Casserole Sausage Links Hashbrowns Juice	6
7 	8 Tuna Noodle Casserole California Veg. Blend Peach Delight	9 Swiss Steak Rice Pilaf Carrots Fruit Cup	10 <u>Curb Side</u> Turkey, Stuffing Mashed Potatoes, Gravy Vegetable Blend Dinner Roll Pie Juice	11 Pepperoni Pizza 3 Bean Salad Fruit Compote	12 Coney Dogs Baked Beans Chips Fresh Fruit	13
14	15 Chicken Parmesan Dinner Roll Green Beans Fresh Fruit	16 Baked Fish Garden Rice Winter Veg. Blend Pears	17 Salisbury Steak Mashed Potatoes Peas & Carrots Bananas	18 Pork Chop Suey Rice Kyoto Veg. Blend Tropical Fruit	19 Sloppy Joes Potato Rounds Broccoli Oranges	20
21	22 Chicken Broccoli Casserole Breadstick Carrots Warm Applesauce	23 Smothered Pork Red Skin Potatoes California Veg. Blend Pears	24 BBQ Beef Sandwich German Potato Salad Beets Fruit Cup	25 CLOSED 	26 Goulash Dinner Roll Corn Fresh Fruit	27
28	29 Turkey Shepard's Pie Mashed Potatoes Green Beans Pears	30 Sausage & Sauerkraut Red Skin Potatoes Carrots Apples				

Noon Meal: 11:30 am - 12:30 pm
 Hot Meal for those **age 60 & Over:** Suggested Donation of \$3.50
 Hot Meal for those **under age 60** - Cost is \$7.00
 Federal and state grants cover only a portion of the meals we provide.
 Donations are important to the Alpena Senior Citizens Center.



MONTHLY BIRTHDAY CELEBRATION
THIRD WEDNESDAY OF THE MONTH
SPONSORED BY ALPENA AGENCY