

# OCTOBER 2020 MENU

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
The Menu is subject to change.				<b>1</b> Chicken Parmesan Pasta Broccoli Tropical Fruit	<b>2</b> Philly Cheese Steak Potato Rounds Fruit Compote	<b>3</b>
<b>4</b>	<b>5</b> Beef Chop Suey Rice Kyoto Vegetable Blend Applesauce	<b>6</b> Oven Fried Chicken Stuffing Corn Fresh Fruit	<b>7</b> Breaded Pork Mashed Potatoes Green Beans Peaches	<b>8</b> Goulash Cornbread Carrots Fruit Parfait	<b>9</b> Baked Cod Sandwich Mac & Cheese Coleslaw Fruit Cup	<b>10</b>
<b>11</b>	<b>12</b> Tuna Noodle Casserole Peas Hot Peach Delight	<b>13</b> Beef Roast Mashed Potatoes California Veg. Blend Tropical Fruit	<b>14</b> Sweet & Sour Chicken Rice Broccoli Fruit Compote	<b>15</b> Pepperoni Pizza Tossed Salad Fresh Fruit	<b>16</b> Grilled Hot Dog Mac & Cheese 3 Bean Salad Fresh Fruit	<b>17</b>
<b>18</b>	<b>19</b> Crusted Baked Fish Sweet Potatoes Green Beans Pears	<b>20</b> Spaghetti w/ Meat Sauce Garlic Bread Carrots Mixed Fruit	<b>21</b> Country Fried Steak Mashed Potatoes Peas & Carrots Peaches	<b>22</b> Chicken Broccoli Casserole Winter Vegetable Blend Spiced Pears	<b>23</b> Beef Stew Biscuits Green Beans Fresh Fruit	<b>24</b>
<b>25</b>	<b>26</b> Sweet & Sour Meatballs Rice Pilaf Kyoto Vegetable Blend Warm Applesauce	<b>27</b> Taco Salad Bowl Fresh Toppings Mexican Beans Fruit Crisp	<b>28</b> Breaded Pork Mashed Potatoes Carrots Tropical Fruit	<b>29</b> Oven Fried Chicken Garden Rice Squash Fresh Fruit	<b>30</b> BBQ Beef Sandwich Red Skin Roasted Potatoes Asparagus Fruit Cup	<b>31</b>

Please call the Senior Center 356-3585 by 10:00 am to inform us if you will be picking up a meal.

We will bring it out to your vehicle.