

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	
1	2	3	4	5 Needle Group 1:00 pm <b>CAROLE &amp; COMPANY</b> Meal 4:30 – 5:30 pm Music 5:30 – 8:00 pm Over 60: \$3.50 Sug. Donation Under 60: Cost is \$7	6	7	
8 	9 Mind, Body, Spirit Wellness 10:30 – 11:30 \$20 for 4 or \$7each	10	11	12 Needle Group 1:00 pm New to Medicare 1:00 pm call to RSVP 356-3585  You Are Not Alone Memory Café 1:00 pm Call 356-3585 to RSVP	13	14	
15 <b>BRUNCH</b> 11:30 – 1:30 pm Cinn Glazed Fresh Toast Sausage Hash Browns Fruited Jello	16 Mind, Body, Spirit Wellness 10:30 – 11:30 \$20 for 4 or \$7each  Have a Plan 10:30 am with Andy Marceau	17  Birthday Celebration at Both Meals  Hopeful Journey 1:00pm	<b>CENTER CLOSED MEALS ON WHEELS ONLY</b>			20	21
22	23 Mind, Body, Spirit Wellness 10:30 – 11:30 \$20 for 4 or \$7each	24	25	26 Needle Group 1:00 pm	27	28	
29	30 Mind, Body, Spirit Wellness 10:30 – 11:30 \$20 for 4 or \$7each  BETTER LIVING MASSAGE 1:00 – 3:00 pm MUST PRE-REGISTER	31					