

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	
			1	2 Tai Chi 9:15 am Needle Group 1:00 pm	3	4 EUCHRE TOURNAMENT Meal & Registration 5-6 pm Play Begins 6pm Sharp! \$10 Admission Includes Meal Paying 4 Places, 50/50	
5 	6 Matter of Balance 9:30 – 11:30am	7 ELECTION DAY Birthday Celebration at Both Meals 	8	9 Tai Chi 9:15 am Living with Diabetes 10:30 am Needle Group 1:00 pm	10  Theme Dinner & Music 4:30 – 6:00 pm Meal prepared by 	11  VETERANS DAY	
12	13 Matter of Balance 9:30 – 11:30am	14 Diabetes Prevention Presentation with Gretchen Stelter 3:00 – 4:00 pm	15 BOARD MTG – 8:30am Public Welcome	16 Tai Chi 9:15 am Needle Group 1:00 pm THANKSGIVING FEAST LUNCH & DINNER Turkey & Gravy Mashed Potatoes Dressing, Green Beans Pumpkin Dessert NIGHT-CARD PARTY Meal 4:30-5:30 pm Games 6:00-9:00 pm Cards/Games - \$5 per person	17 	18 "You Are Not Alone" Alzheimer's Series 9:00 am – 1:00 pm \$20 per person (for the 6-month series)	
19	20 Matter of Balance 9:30 – 11:30am	21	22	23 CENTER CLOSED 		24	25
26	27 Matter of Balance 9:30 – 11:30am BETTER LIVING MASSAGE 1:00 – 3:00 pm MUST PRE-REGISTER LIMITED SPACE	28	29	30 Tai Chi 9:15 am Needle Group 1:00 pm			