





SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	
1 NOON Oven Baked Fish Brown Rice Sunshine Carrots Fresh Fruit NIGHT Dijon Chicken Rice Pilaf Brussels Sprouts Diced Pears	2 NOON Oven Baked Fish Brown Rice Sunshine Carrots Fresh Fruit NIGHT Dijon Chicken Rice Pilaf Brussels Sprouts Diced Pears	3 NOON Meatloaf Cheesy Mashed Potatoes Green Peas Banana NIGHT Roast Beef Baked Potato California Veg. Blend Mixed Melon 	4 National Taco Day BOTH MEALS TODAY Taco's Beef, Lettuce, Cheese Tomatoes & Other Toppings Pineapple 	5 NOON Spaghetti/Meat Sauce Garlic Toast Orange Wedges NIGHT Italian Meatloaf Mashed Potatoes Peas Spiced Apples	6 NOON Breaded Pork Buttered Noodles Corn Tropical Fruit Salad (National Noodle Day)	7 EUCHRE TOURNAMENT Pulled Pork Sandwich Chips Tossed Salad Fruit	
8 The Menu is subject to change.	9 NOON Veal Picata Spaghetti Noodles California Veg. Blend Cinnamon Apples NIGHT Chicken Chili Sweet Russian Cabbage Soup, Corn Muffin Tossed Salad Pineapple & Oranges	10 NOON Chicken Chili Corn Muffin Corn Pineapple NIGHT Swedish Meatballs Egg Noodles Carrots w/Cinn. & Orange Diced Pears	11 National Sausage Pizza Day BOTH MEALS TODAY Sausage Pizza Tossed Salad Tropical Fruit	12 NOON Potato Crusted Pollock Oven Roasted Potatoes Carrots Oranges NIGHT Pork Roast w/Mushroom Gravy, Cheesy Mashed Potatoes, Capri Veg. Blend Fresh Fruit Cup	13 NOON World Egg Day Quiche Stewed Tomatoes Apple Juice Fresh Fruit	14	
15 NOON Herb Marinated Chicken Baked Potato Green Beans Hot Peach Delight NIGHT Liver & Onions Mashed Potatoes Peas Fresh Fruit Cup	16 NOON Herb Marinated Chicken Baked Potato Green Beans Hot Peach Delight NIGHT Liver & Onions Mashed Potatoes Peas Fresh Fruit Cup	17 NOON Hamburger Stroganoff Egg Noodles Lima Beans Tropical Fruit NIGHT Pork Rosemary Potatoes California Veg. Blend Fruit Parfait	18 NOON Breaded Pork Rosemary Potatoes Collard Greens Fruit Parfait NIGHT Goulash Garlic Toast Corn Tropical Fruit	19 NOON Goulash Garlic Toast California Veg. Blend Emerald Pears NIGHT Bruschetta Chicken Baked Potato Green Beans Hot Peach Delight	20 NOON Meatloaf Mashed Potatoes Baby Carrots Oranges	21	
22 NOON Baked Chicken Red Bliss Potatoes Broccoli Fruit Compote NIGHT Pot Roast Mashed Potatoes Carrots Pears	23 NOON Baked Chicken Red Bliss Potatoes Broccoli Fruit Compote NIGHT Pot Roast Mashed Potatoes Carrots Pears	24 NOON Spaghetti/Meat Sauce Garlic Toast Brussels Sprouts Hot Peach Delight NIGHT Chicken Parmesan Spaghetti Noodles California Veg. Blend Orange Wedges	25 NOON Herbed Pork Loin Baked Potato Peas & Carrots Pineapple & Oranges NIGHT Beef Taco Salad Mexican Fiesta Rice Fresh Toppings Pears	26 NOON Lemon Baked Fish White Rice Scalloped Tomatoes Orange Wedges NIGHT-CARD PARTY Lasagna Garlic Toast Broccoli Cinnamon Apples	27 NOON Pot Roast Oven Roasted Potatoes Corn Tropical Fruit Salad	28 <i>"You Are Not Alone"</i> <i>Alzheimer's Series</i> 9:00 - Noon \$20 per person (for the 6-month series)	
29 NOON Chicken Marsala Baked Sweet Potato Corn Pineapple NIGHT Breaded Pork Parsley Noodles Corn Orange Wedges	30 NOON Chicken Marsala Baked Sweet Potato Corn Pineapple NIGHT Breaded Pork Parsley Noodles Corn Orange Wedges	31 NOON Lasagna Green Beans Garlic Bread Fresh Fruit NIGHT Oven Fried Chicken Baked Potato Capri Veg. Blend Tropical Fruit 				31	