

MEAL PRICES

SOUP & SALAD BAR PRICES

OVER 60 PRICES Soup & Salad Alone \$2.50 With Meal, Add \$1.50	UNDER 60 PRICES Soup & Salad Alone \$5.50 With Meal, Add \$1.50
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MEAL PRICES

OVER 60 Suggested Donation \$2.50	UNDER 60 Meal Price is \$5.50 effective 7/1/11
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NOVEMBER 2011 MENU

Noon Meal Served 11:30am -12:30pm

Nite Meal Served 4:30pm - 6:00pm

Menu is subject to change



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>Due to guidelines we must follow, takeout meal orders are not allowed. If you are unable to come into the Center and eat your meal, you may be eligible for our home delivered meal program. Call Deb Smith at 356-3585, ext. 12 if you would like more information about this program.</p>	<p>1 <u>NOON</u> Goulash Garlic Bread Capri Blend Veggies Peaches</p> <p><u>NITE</u> Oven Baked Cod Baked Potatoes Broccoli Peach Cobbler</p>	<p>2 <u>NOON</u> Sloppy Joe Oven Fries - Spinach Mixed Veggies Banana</p> <p><u>NITE</u> Pork Sweet Potatoes Mixed Veggies Applesauce</p>	<p>3 <u>NOON</u> Lemon Baked Tilapia Garden Rice Stewed Tomatoes Figs</p> <p><u>NITE</u> Teriyaki Brown Rice Kyoto Blend Veggies Mixed Fruit</p>	<p>4 <u>NOON</u> Oven Fried Chicken O'Brien Potatoes Riviera Blend Veggies Applesauce</p> <p>PICKIN' FOR PEOPLE BBQ Chicken - Corn Garlic Mashed Potatoes Gravy - Dessert</p>
<p>7 <u>NOON</u> Beef/Gravy over Egg Noodles Broccoli Beets - Figs</p> <p><u>NITE</u> Oven Fried Chicken Stuffing Mashed Potatoes Capri Blend Veggies Mixed Fruit</p>	<p>8 <u>NOON</u> BBQ Chicken Breast Garlic Mashed Potatoes Spinach Apple</p> <p><u>NITE</u> Swiss Steak Baked Potatoes Green Beans Figs</p>	<p>9 <u>NOON</u> Ham Slice Sweet Potato Green Beans Burst O' Berries</p> <p><u>NITE</u> Chicken & Biscuits Peas - Carrots Fruited Jello</p>	<p>10 <u>NOON</u> Beef Stew Biscuit Peas - Peaches</p> <p><u>NITE</u> Stuffed Baked Potato w/ Ham, Cheese, Broccoli, Sour Cream Banana</p>	<p>11 <u>NOON</u> Herbed Pork Scalloped Potatoes Mixed Veggies Applesauce</p> <p>HOLIDAY CRAFT SHOW Saturday, November 12 LUNCH CONCESSION Hot Dogs - Chili - Nachos Beans - Chips - Pop/Water</p>
<p>14 <u>NOON</u> Chicken & Biscuits Carrots Brussels Sprouts Mixed Fruit</p> <p><u>NITE</u> Pork Red Potatoes Kyoto Blend Veggies Fruit Salad</p>	<p>15 <u>NOON</u> Stuffed Baked Potato w/ Ham, Cheese, Broccoli, Sour Cream Peaches</p> <p><u>NITE</u> Salmon Patties Mac & Cheese Mixed Veggies Strawberries</p>	<p>16 <u>NOON</u> Fish Creole (Tilapia) Mashed Potatoes Green Beans Strawberries</p> <p><u>NITE</u> Beef Roast Baked Potatoes Prince Charles Veggies Peach Cobbler</p>	<p>17 <u>NOON</u> Teriyaki - Brown Rice Kyoto Blend Veggies Fruit Salad</p> <p><u>NITE</u> Baked Chicken Mashed Potatoes Carrots Brussels Sprouts Mixed Fruit</p>	<p>18 <u>NOON</u> Baked Chicken Mashed Potatoes Riviera Blend Veggies Pears</p>
<p>21 <u>NOON</u> Goulash Mashed Potatoes Carrots - Apple</p> <p><u>NITE</u> Herbed Chicken Mashed Potatoes Spinach - Applesauce</p>	<p>22 <u>NOON</u> Roast Pork Mashed Potatoes Normandy Veggies Banana</p> <p><u>NITE</u> Beef Stew - Biscuit Peas/Carrots Peaches</p>	<p>23 <u>NOON</u> Lemon Chicken Garden Rice Broccoli - Cauliflower Pineapple Tidbits</p> <p><u>NITE</u> Ham Slice Sweet Potato - Beets Burst O' Berries</p>	<p>24 THANKSGIVING Center Closed</p>	<p>25 <u>NOON</u> Hot Chicken Sandwich Mashed Potatoes/Gravy Mixed Veggies Peaches</p>
<p>28 <u>NOON</u> Beef Stroganoff Egg Noodles Peas - Carrots Banana</p> <p><u>NITE</u> Oven Fried Chicken O'Brien Potatoes Riviera Blend Veggies Applesauce</p>	<p>29 <u>NOON</u> Quiche Diced Tomatoes Broccoli - Figs</p> <p><u>NITE</u> Lemon Baked Cod Garden Rice Stewed Tomatoes Figs</p>	<p>30 <u>NOON</u> Spaghetti/ Meat Sauce Garlic Bread Green Beans Applesauce</p> <p><u>NITE</u> Sloppy Joe Oven Fried - Spinach Mixed Veggies Peaches</p>	<p>NOVEMBER SUNDAYS</p> <p>SOUP & SALAD SUNDAY November 6th, Noon-2pm</p> <p>SUNDAY DINNER November 20th Noon-2pm Turkey - Stuffing Mashed Potatoes /Gravy Green Bean Casserole Fruited Jello Pumpkin Pie</p>	